

ST. MIRA'S COLLEGE FOR GIRLS, PUNE

Autonomous (Affiliated to Savitribai Phule Pune University)

7.1.8 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e, tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities

Other Relevant documents on the information provided (as reflected in the administrative and academic activities of the Institution)



SADHU VASWANI MISSION'S

ST. MIRA'S COLLEGE FOR GIRLS

[An Autonomous College Affiliated to the Savitribai Phule Pune University]
[ARTS, COMMERCE, SCIENCE, B.Sc.(COMPUTER SCIENCE) BBA, BCA]

6, Koregaon Road, Pune - 411001.[INDIA]

Ph./Fax : 26124846 E-mail : mira_college@yahoo.co.in



Dr. Jaya Rajagopalan
Principal Incharge

PU/PN/AC/015/(1962)
College Code No. : 013

Circular No:-G-15(a)/2022-23/18

Date:-20.07.2022

CIRCULAR

In connection with Dada J. P. Vaswani's 104th birthday, the college has organized the Anjali Week Celebration. Please note the schedule of the same.

25 th July, 2022	English Declamation Competition
26 th July, 2022	Hindi Declamation Competition
27 th July, 2022	Marathi Declamation Competition
28 th July, 2022	Anjali Geet Program
Time:	8.30 a.m. – 9.30 a.m.
Venue:	Sanctuary Hall



Jaya
Dr Jaya Rajagopalan

Principal Incharge
St. Mira's College for Girls, Pune.

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

Sanctuary (Mulya Pravah) Committee

Anjali Geet 28th July 2022

In connection with Dada J. P. Vaswani's 104th birthday celebrations, Anjali Week was organized between 25th to 30th July, 2022.

As a musical tribute to beloved Dada, Anjali Geets were presented by the students. In total 5 students participated in this program.



Dr. Vaishali Joshi

Co-ordinator, Sanctuary Committee



Principal Incharge
St. Mira's College for Girls, Pune,

सेंट मीरा कॉलेज फॉर गर्ल्स, पुणे
(संलग्न सावित्रीबाई फुले पुणे यूनिवर्सिटी)
हिंदी विभाग
हिंदी डेक्लामेशन रिपोर्ट
दिनांक 26/7/2022

समय – सुबह 8:30 से 9:30 बजे तक

सेंट मीरा कॉलेज फॉर गर्ल्स के हिंदी विभाग द्वारा आयोजित दादा जे. पी. वासवानी जी के 104 वें जन्मदिन के शुभ अवसर पर अंजलि सप्ताह के अंतर्गत हिंदी डेक्लामेशन कार्यक्रम का आयोजन किया गया। इस कार्यक्रम में महाविद्यालय की 9 छात्राओं ने हिस्सा लिया। इस कार्यक्रम का केन्द्रीय विषय था 'ईश्वर प्रेम'। दादा जे. पी. वासवानी जी के ईश्वर प्रेम से संबंधित लघुकहानियों को छात्राओं ने प्रस्तुत किया। कार्यक्रम के आरंभ में सभी विद्वतजनों का स्वागत एवं सूत्रसंचालन तृतीय वर्ष की छात्रा मनीषा राजपुरोहित ने किया। स्वागत समारोह के बाद निम्न छात्राओं ने दादा जी की कहानियों का कथोपकथन किया –

1. हेतल गिडवानी – 'मदमस्त हाथी'
2. मुस्कान कुमारी – 'तुम्हारा सच्चा घर कहाँ है'
3. भव्य गोलानी – 'सच्ची भक्ति'
4. हर्षदा ढोरजे – 'प्रियतम के लिए नरक भी स्वीकार'
5. निशिता पाटिल – 'अनोखा वरदान'
6. आफिया – 'ईश्वर की कृपा'
7. अंजलि शर्मा – 'लोक निंदा करेंगे'
8. चैत्राली कदम – 'पहले स्वयं को खोजो'
9. मनीषा राजपुरोहित – 'क्रोध कब किया जाए'

प्रस्तुत कार्यक्रम के प्रेरक रूप में महाविद्यालय की प्राचार्या डॉ. जया राजगोपालन और प्रार्थना समिति प्रमुख डॉ. वैशाली जोशी जी कार्यरत रही। इसमें महाविद्यालय के स्नातक वर्ग की छात्रायें तथा कला एवं वाणिज्य शाखा की प्राध्यापिकाओं ने उपस्थित रहकर कार्यक्रम की शोभा बढ़ाते हुए कार्यक्रम का आनंद ग्रहण किया। हिंदी विभाग सभी विद्वतजनों के प्रति नित आभारी रहेगा। सादर धन्यवाद।

प्रा. शीतल जाधव
हिंदी विभाग प्रमुख



Principal Incharge
St. Mira's College for Girls, Pune,

St. Mira's College for Girls
(Autonomous - Affiliated to S.P.P.U.)

Anjali Greet

Date - 28/7/22

Time - 8.30 - 9 a.m.

Name of participants	Class	Sign.
1. Vaishnavi Kokate	TYBSC	<u>Vaishnavi</u>
2. Bhavya Golani	TYBA	<u>Bhavya</u>
3. Purva Rautal	TYBA	<u>Purva</u>
4. Lakshmi Maslekar	SYBCOM	<u>Lakshmi</u>
5. Tanhvi Rajpurshit	SYBCOM	<u>Tanhvi</u>

Participation certificate only

Jayashree

Ushar
(Co-ordinator)



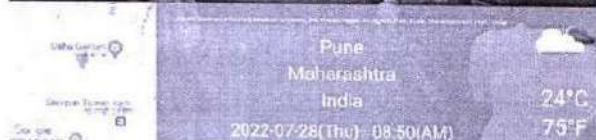
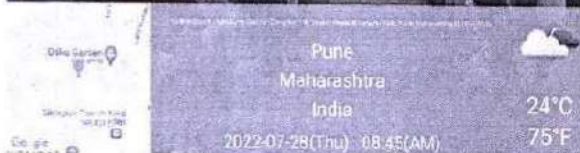
Jh

Principal Incharge
St. Mira's College for Girls, Pune.

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

Sanctuary (Mulya Pravah) Committee

Anjali Geet 28th July 2022




Dr. Vaishali Joshi

Co-ordinator, Sanctuary Committee




Principal Incharge
St. Mira's College for Girls, Pune,

St. Mira's College for Girls, Pune

(Affiliated to Savitribai Phule Pune University)

Hindi Department (Year 2022-23)

Hindi Declamation Competition Geo-tag Photo (Date: - 26-7-2022)



Shital

Shital Jadhav

Coordinator

HOD Hindi



Jayashree

Principal Incharge
St. Mira's College for Girls, Pune.

St. Mira's College for Girls, Pune
(Affiliated to Savitribai Phule Pune University)

Hindi Department (Year 2022-23)

Hindi Declamation Competition Photo (Date: - 26-7-2022)





Shital Jadhav
Coordinator
HOD, Hindi




Principal Incharge
St. Mira's College for Girls, Pune,



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/IQAC/2022-23/36a

Date:- 18.08.2022

CIRCULAR

This is to inform the Green Club of the College is organizing a 'Green Bappa idol-making' workshop on campus on Saturday, 23rd Aug, 2022 at 12 noon in Room No 116 (MA Economics room near the First floor Library. This activity will help students to engage in pursuit of eco-friendly idol-making, suitable for preservation of the natural environment. This student-centric activity will involve making our *Green Bappa* with *shaadu clay*.

Interested students who wish to be apart of this initiative should give their names to any of the Green Club faculty by 19th August, 2022.

Mrs. Jyoti Chintan

Coordinator Green Club

Dr. Jaya Rajagopalan
Principal In-charge



St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

Green Club
Workshop on Green Bappa idol Making
2022-2023

Green Club of the College had organised a 'Green Bappa idol-making' workshop on campus on Saturday, 23rd August, 2022 at 12 noon in Room No 116 (MA Economics) room near the First floor Library.

This activity helped the students to engage in pursuit of eco-friendly idol-making, and involved them in making of Green Bappa with river bed clay (shaddu matti).

There were 21 student's participants who were involved in the process of making Bappa.



Teacher Coordinator:
Mrs. Jyoti Chintan



Dr. Jaya Rajagopalan
Principal In-charge



- ST. MIRA'S COLLEGE FOR GIRLS, PUNE -
Autonomous Affiliated to Savitribai Phule
Pune University

'Green Bappa idol-making' workshop.

DATE: 23.08.2022

Place: St. Mira's college for girls, Pune.

SR. NO.	CLASS.	NAME	SIGNATURE
1	SVB COM B	Tukta Pillay	Tukta
2	SVB COM B	Hrithika Kahl	Hrithika
3	SVB COM B	Jyotishree Raut	Jyotishree
4	SVB COM B	Pavitra Ganesan	Pavitra
5	SVB COM B	Mahek Goel	Mahek
6	SVB COM B	Ruchi Gandhi	Ruchi
7	SVB COM B	Anushri Arasade	Anushri
8	SVB COM B	Arya Vardhaman	Arya
9	SVB COM B	Lalita Mumawat	Lalita
10	FYBA	Kanishka Vikram Sharma	Kanishka
11	FYBA	Aarhee Sandeep Muley	Aarhee
12	FYB COM A	Dhawal P. Gautam	Dhawal
13	FYB COM A	Nimisha B. Bhalerao	Nimisha
14	FYB COM A	Harun M. Pabli	Harun
15	FYB COM A	Sommodhi A. Ghule	Sommodhi
16	FYB COM A	Megha N. Chavan	Megha
17	SVB COM A	Gautami Patel	Gautami
18	SVB COM A	Alia Basetto	Alia
19	SVB COM A	Mashish Jindal	Mashish
20	SVB COM A	Nidhi Mordada	Nidhi
21	SVB COM A	Pooja Patdeshi	Pooja

(21 Participants)

Teacher Incharge: J. J. J.

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

7.1.5: Ban on Plastic:

Green Bappa making workshop – 23.08.2022

Pictures:



J Chintan

Teacher in-charge

Mrs. Jyoti Chintan





J. Chintan

Teacher In-charge:

Mrs. Jyoti Chintan



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KINDLE THE LIGHT

Dr. Jaya Rajagopalan
Principal Incharge

PU/PN/AC/015/(1962)
College Code No. : 013

G-15(a)/2022-23/27

27/08/2022

CIRCULAR

The Student Council Members is organizing a Teachers Day Program on 7th September 2022 in the Auditorium at 12.00 Noon.

Request all faculty members to be present.

Mrs. Monika Rajguru
Co-ordinator

Dr. Jaya Rajagopalan
Principal Incharge



St.Mira's College for Girls
Autonomous (Affiliated to the Savitribai Phule University)
Teachers' Day –A Day to Remember


7th September, 2022

Faculty member – Ms. Monika Rajguru and prospective members of student council and had organized a program for the teachers on the occasion of Teachers' Day. The theme of the program was traditional. The dress code for teachers was 'glitter and shine'. The teachers were greeted with handmade roses and bookmarks. 42 Students participated in the program. 40 Faculty members across the streams BBA, BBA(CA), BCOM, BA, BSC(Cs) and Principal-in – charge: Dr. Jaya Rajagopalan and vice Principal Ms. Shalini Iyer were present for the program. The program commenced at 12:15 pm with lighting of the lamp followed by Ganesh Wadan. There were several folk dances like Garba, Koli, Rajasthani, Bhangda, Lavani, Bharatnatyam, etc. All the dances were performed by the student of St. Mira's College. A student participant sung for the teachers. There were games arranged for the teachers as well. The teachers played one minute game and musical chairs. The faculty members thoroughly enjoyed the program. The program was concluded with a vote of thanks.


42 Students participated in the program

The below are some photographs captured during the program –




Mrs. Monika Rajguru
Coordinator




Dr. Jaya Rajagopalan
Principal In-charge

St. Mira's College For Girls Pune
Autonomous Affiliated to Savitribai Phule Pune University

ATTENDANCE SHEET FOR THE TEACHERS DAY CELEBRATION

7 sept 2022

Sr No.	Name	Class	Participated Activities	
1.	Priya Sharma	SYBBA	Bhangda 1	Priya
2.	Aarzu Shaikh	SYBBA	Bhangda 1	Shaikh
3.	Tasneem lohadwala	SYBBA	Bhangda 1	Tasneem
4.	Sonali Sangda	SYBBA	Bhangda 1	Sonali
5.	Lata Puriabi	SYBBA	Bhangda 1	Puriabi
6.	Charu Ramnani	SYBBA	Bhangda 1	Charu
7.	Amatullah Kadhwa	FYBA	Bhangda 1	Amatullah
8.	Pradnya - V	TYBA (A)	Kathak	Pradnya
9.	Kaushika Joshi	TYBA (A)	Kathak	Kaushika
10.	VISHNAVI S PISHARODY	FYBA (A)	BHARATNATYAM	Vishnavi
11.	JAYEE DHOKALE	TYBCOM	BHARATNATYAM	Jayee
12.	ANKITA KONDHALKAR	SYB.COM	BHARATNATYAM	Ankita
13.	Glory Norton	TYBCA	Lavni	Glory
14.	Madhu	TYBCA	- II Lavni	Madhu
15.	Aditi	TYBCA	Lavni	Aditi
16.	Anika	TYBCA	Lavni	Anika
17.	Shreuti B.	TYBCA	Lavni	Shreuti
18.	Rashi	TYBCA	Lavni	Rashi
19.	Sanskriti	TYBCA	Lavni	Sanskriti
20.	Minal	TYBCA	Lavni	Minal
21.	Shraddha	TYBCA	Lavni	Shraddha
22.	Priyanka	TYBCA	Lavni	Priyanka
23.	Komal Pathak	FYBCA	Koli Dance	Komal
24.	Anushka Deokar	FYBCA	Koli Dance	Anushka
25.	Disha Patil	FYBCA	Koli Dance	Disha
26.	Sakshi Awarange	FYBCA	Koli Dance	Sakshi
27.	Sheha Jodkar	FYBCA	Koli Dance	Sheha
28.	Janhavi Rasge	FYBCA	Koli Dance	Janhavi
29.	Shreya Ranje	FYBCA	Koli Dance	Shreya
30.	Shreya Pandey	FYBCOM (AB)	Koli Dance	Shreya
31.	Poonam Rathod	FYBA (B)	Rajasthani	Poonam
32.	Monika Rao	FYBA (B)	Rajasthani	Monika
33.	Monika Gehlot	TYBCA	Rajasthani	Monika
34.	Prisha Rajguru	TYBCA	Rajasthani	Prisha
35.	Mayisha Rajguru	TYBCOM (B)	Rajasthani	Mayisha
36.	Nisha Pohane	FYBA (A)	Solo Singing	Nisha
37.	Anchal	SYBCA	Bhangra	Anchal
38.	Sheeta	SYBCA	Bhangra	Sheeta
39.	Renuka Sanyasi	TYBCA	Bhangra	Renuka
40.	Shreshi Gokhale	TYBCA	Bhangra	Shreshi
41.	Sangeeta Chaudhary	TYBCA	Bhangra	Sangeeta
42.	Diya Oswal	TYBCA	Bhangra	Diya

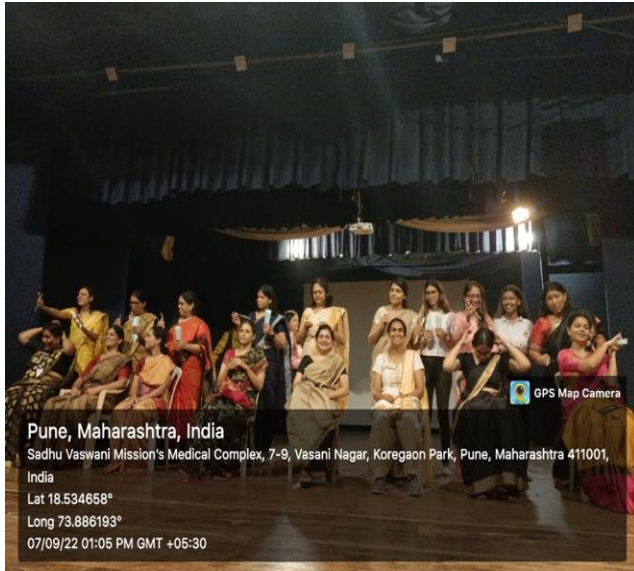
Total = 42 students

Signature
Mrs. Monika Rajguru
co-ordinator



St. Mira's College for Girls, Pune
(Autonomous-Affiliated to SavitribaiPhule Pune University)

Photograph Teachers'Day
Date: 07 September 2022



Mrs. Monika Rajguru
Coordinator

Dr. Jaya Rajagopalan
Principal In-charge





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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/IQAC/2022-2023/97

Date:- 13.10.2022

CIRCULAR

The Green Club of the College in collaboration with Janwani, Adar Poonawalla and Swachh will be organizing E Waste Collection Drive on 16th October 2022.

It's an appeal to students to volunteer for E- waste collection from citizens at 15 locations in the Pune.

Rajni Singh

**Coordinator,
Asst. Prof. Rajni Singh**

Jayah

**Dr. Jaya Rajagopalan
Principal In-charge**



St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

Green Club

PEHEL- E-waste Collection Drive

The Green Club of the College collaborated with Janwani, Adar Poonawalla and Swachh for E Waste Collection Drive on 16th October 2022. 42 Green Guardians (Green Club Volunteers) managed the e-waste collection from citizens at 15 locations in the Pune.

On 10th Jan 2022, the College along with the volunteers was felicitated for their valuable contribution by Pune Municipal Corporation, Janwani (NGO), Adar Poonawalla Group and Cummins India Foundation at Pandit Jawaharlal Nehru Art Gallery Auditorium, Shivaji Nagar, Pune. Total no of student 42.



**Coordinator,
Asst. Prof. Rajni Singh**



**Dr. Jaya Rajagopalan
Principal In-charge**



St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Green Club

Pehel Mega -E-waste and Plastic Waste Collection Drive- 16/10/2022

Pune

ST. MIRAS COLLEGE FOR GIRLS, AUTONOMOUS AFFILIATED TO SPPU E-waste collection
Drive SUNDAY (16/10/22)

Sr no	Name of the volunteer	Mobile Number	Location
1	Hrithika Kahol Pavitra Ganeshan	9158210088 9561778352	Ganpati Mandir, Passport Office
2	Ruchi Gandhi Mahek Goel	8768844645 7875625569	Eastern Court Building, B.T. Kawade road
3	Jyotishree Raut Riya Santosh Kumar	9307846974 9699488498	
4	Priyal Parekh Kashish Oswal	9325957643 9881178907	Citadel society B.T. Kawde Citadel society B.T Kawde
5	Sakshi Shinde Simran Thapa Purva Sonawane Sarika Shete Sneha Zine	8459804954 7057982889 9552437644 9028116047 7083678135	Blossom Boulevard, Koregaon Park Blossom Boulevard Blossom Boulevard Blossom Boulevard Blossom Boulevard
6	Mona Ovhal Harleen Kaur Makkar Devashri Kharat	9766885399 8390022975 8080178721	Atur Park, Sangamvadi Atur Park, Sangamvadi Atur Park, Sangamvadi
7	Janhavi Vijay Chavan Swati Chavan Sana Palla Sejal Sharma	8668277210 8767177281 8421512911 7558219641	Sadhu Vaswani Society Commissioner Office
8	Anjali Wankhede Vaishnavi Mishra Neha Niwas Pawar	8788979026 8668751573 7620514697	Woods Society, Lane E Woods society, Lane E Woods Society, Lane E



St. Mira's College for Girls, Pune
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Green Club

Pehel Mega -E-waste and Plastic Waste Collection Drive- 16/10/2022

9	Pranali Walunj	9623810047	Brahma Baug Society BT Kawade
	L. Khushi Singha	8983596690	Brahma Baug Society BT Kawade
	Vishakha Utage	7498350928	Brahma Baug Society BT Kawade
10	Sejal Awade	9075515883	Narangi Baug, HDFC bank
	Kajal Pal	9822620522/8600963105	Narangi Baug, HDFC bank
	Aayushi Balsharar	721958146	Narangi Baug, HDFC bank
11	Septami Shetty	8530965898	Citadell Society, B. T Kawade
12	Vaishnavi Desai	992107309	Surobhi Regency
	Anjali Khedekar	7249299717	Surobhi Regency
13	Sharmila Dhondur Gore	9075060001	suyojana society
	Abhilasha Ajit Ranshur	8010356031	suyojana society
	Resham salve	9689257336	suyojana society
	siddhi kamavat	7499286241	suyojana society
14	Prajakta Taru	95111748914	Dhole Patil Office
	Harshada Chavan	8329491436	Dhole Patil Office
	Pooja Mourya	7822965546	Dhole Patil Office
	Roshni Desai	8390478353	Dhole Patil Office
15	Devyani Pillay	7249082184	Sicilia co-op society
	Arpitha Madhurai	9.17058E+11	Sicilia co-op society

Total Participants- 42

Coordinator- Asst. Prof Rajni Singh

Rajni Singh



St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Green Club
PEHEL- E-waste Collection Drive



Felicitation _PEHEL- Rutuja Dhor _FYBCOM-Green Chub

Rajni Singh

Coordinator,

Asst. Prof. Rajni Singh





88
89
90

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NAAC 3rd Cycle - A grade

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College Code No. : 013

G.47 (b)/2022-23/ 88

7.1.2023

Year after the Sadhu Vaswani Mission organizes Prashna Manch on Sadhu Vaswani in connection with the Mahayagna.

This year the Prashna Manch will be held on Saturday 14th January 2023 in the St. Mira's College for Girls A V Room at 12.00 noon. The topic is **"LIFE & TEACHINGS OF SADHU VASWANI PRE RENUNCIATION PERIOD"**

The format for Prashna Manch will be

- 1) Question Answer round
- 2) Picture clues (Incidence / Events)
- 3) Relationship round

Following Books Can be referred to:

- Saint Of Modern India
- Heaven Can Wait Average Version
- Sadhu Vaswani Life & Teaching.
- Ecstasy And Experiences By Sadhu Vaswani.

We request you to start preparing your students and let us know the total number of student participants latest by 13th January 2023.

For further details contact Dr Meenakshi Wagh and Dr Manisha Pimpalkhare.


Dr Jaya Rajagopalan
Principal Incharge



Report - Prashna Manch

This year on the occasion of our revered master Sadhu T.L. Vaswani's 57th Mahayagna, a Prashna Manch on the "Life and teachings of Sadhu Vaswani during the Pre-renunciation period" was organised by the college on 14th January, 2023. The Prashna Manch which aims at inculcating the values of simplicity and service, purity and prayer among the students, comprised of four rounds-A question-answer round, relationship round and two visual clue rounds depicting the incidents from Sadhu Vaswani's life.

The event saw participation from students of our college and those from Sadhu Vaswani College of Nursing.

MSWagh

Dr. Meenakshi Wagh
Coordinator

Dr. Jaya Rajagopalan
Principal In-charge

St. Mira's College For Girls, Pune
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Prashna Manch (2022-2023)
Mahayagna Day (14th January 2023)


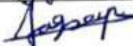
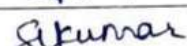
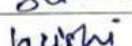
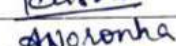
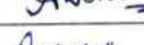


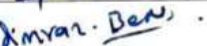


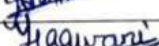

Attendance Sheet

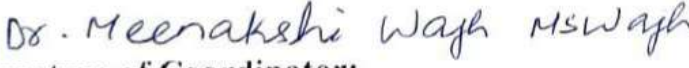
Day & Date: Saturday, 14th January, 2023

Place: AV Room

Faculty Co-ordinator: Dr. Meenakshi Wagh

Total Participants: _____

Sr. No	Roll No.	Name of Student	Signature
1.	1410	Thanmaya Girish G	
2.	1461	Rajnandini Jagtap.	
3.	1415	Simran Kumar	
4.	1476	Krishi Agarwal	
5.	1409	Angela Noronha	
6.	1405	Gaangi Mangale	
7.	1433	Gurpreet Bagga	
8.	1424	Bhumika Choudhary	
9.	1211	Simran. Beni	
10.	1002	Sadhana Patel	
11.	1001	Ashmita Valecha	
12.	1003	Yashika Jagtap	
13.	66	Meenakshi Deora	
14.	04	Bhargavi Kamble	
15.	236	Komal Rathod	
16.	99	Kinjal Singh	


Signature of Coordinator:

St. Mira's College for Girls, Pune
(Autonomous-Affiliated to Savitribai Phule Pune University)

Photograph PRASHANAMANCH

Date: 14 /01/ 2023



MSWagh

Dr. Meenakshi Wagh
Coordinator





SADHU VASWANI MISSION'S
St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Reaccredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]
6,Koregaon Road,Pune-411001. [INDIA]
Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G-15(a)/2022-23/ 76

Date:-01/03/2023

CIRCULAR

On 3rd March, 2023 a Yoga session is organized for the non-teaching faculty. The session will be facilitated by Mr. Andrea, an international Yoga teacher.

Venue - Sanctuary Hall

Time - 9.30-10.30 a.m.

Dr. Vaishali Joshi

Coordinator, Sanctuary Committee



Dr Jaya Rajagopalan

Principal Incharge

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

Sanctuary (Mulya Pravah) Committee

Yoga Session for non-teaching staff

3rd March, 2023

The Sanctuary committee organized a Yoga and Meditation session for the non-teaching staff on 3rd March, 2023 at 9.30 a.m. in the Sanctuary Hall.

This session was facilitated by Mr. Andrea, an international Yoga teacher based at London.

Mr. Andrea began by giving a brief insight into the need of meditation. Then he demonstrated few practices of meditation and guided the audience through actual meditation.

The session was very helpful and received very good response. Total no of students 24.



Dr. Vaishali Joshi
Co-ordinator, Sanctuary Committee



Dr. Jaya Rajagopalan
Principal In-charge



St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

Attendance Sheet

Name of the activity:- Yoga Session for non-teaching faculty.

Date and Time: - Friday 03.03.2023 at 9.30 am in Sanctuary Hall

Sr. No.	Name of the Participant	Sign
1	Mrs. Gauri R. mude	Gauri
2	Mrs. Vandana K. Kulkarni	Vandana
3	Mrs. Gauri Ghumatkar	Gauri
4	Mrs. Shraddha Joshi	Shraddha
5	Mrs. Seema Thakare	Seema
6	Tarpti D. Wadgaonkar	Tarpti
7	Payal Ramphale	Payal
8	Arati Amol Kulkarni	Arati
9	Padmaja Savant	Padmaja
10	Kavita S. Chhodke	K.S. Chhodke
11	Kaushalya B. Gokale	Kaushalya
12	Vishram Nigam	Vishram
13	Jadhav Ashwari R	A.R. Jadhav
14	Jayashri Jogekar	J. J.
15	Baikwad Sneha	Sneha
16	Manda S. Baikwad	Manda
17	Seema Chhale	Seema
18	Devinder Kaur	Devinder
19	Anandmayi Choude	Anandmayi
20	Rajprasad Mulla	Rajprasad
21	Rakhi Kantariya	Rakhi
22	Priyanka Kulkarni	Priyanka
23	Resha B. Deshmukh	Resha
24	MSR 2122 MSR	MSR
25		
26		
27		
28		
29		
30		



Jayashri
Principal Incharge
St. Mira's College for Girls

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Sanctuary (Mulya Pravah) Committee
Yoga Session for non-teaching staff
3rd March, 2023



Dr. Vaishali Joshi
Co-ordinator, Sanctuary Committee





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PU/PN/AC/015/(1962)

College Code:- 013

Circular No: G-15(a)2022-23/99

Date:-01/03/2023

CIRCULAR

On the 4th of March 2023,an event "Movie Screening" is organized by Queer Club of the Raahi- Mental Health Club, the Department of Psychology from 2 pm to 3:30 pm. in the A.V.Room. The event will have a movie screening of two short films followed by a short discussion. The event is open to all students from all divisions and streams.

Swaruti Tamang
Ms. Swaruti Tamang
Mental health Coordinator



Jaya
Dr Jaya Rajagopalan
Principal Incharge

MOVIE SCREENING REPORT

QUEER CLUB REPORT

The Queer Club section of the RAAHI mental health club organized a MOVIE SCREENING event on the 4th of March 2023.

The event included an introduction to the Queer club, an introduction of the participants, and their intention for attending.

This was followed by a Movie screening and the participants watched three movies based on the queer theme, *Out*, *In a Heartbeat*, and *Drawn to You*.

This was followed by a sharing of the thoughts and feelings of the participants.



Mental health coordinator



Dr. Jaya Rajagopalan
Principal In-charge



St. Mira's College for Girls, Pune
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Attendance Sheet

Name of the activity/ event-

Queer club, movie screening.

Date and Time - 4th March 2pm.

Attendance

Queer Circle

- Movie screening

Name	Class	Sign.
Tejaswini Rajput	FYBA	Tejaswini
Khushi Nigi	SYBA	Khushi Nigi
Ayman Kazi	SYBA	Ayman
Kiand Framroze	FYBA	Kiand Framroze
Keera Fernandes	TYBA	Keera
Haripriya Praveen	TYBA	Haripriya
Hemani	SYBA	Hemani

Total Number of Participants/ students =

7

Name and Signature of the Coordinator =

Swanti Tamang



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Photograph QUEER CLUB

Date: 04/03/ 2023



Shweta Temang

MENTALHEALTHCOORDINATOR

Jayah

Dr. Jaya Rajagopalan
Principal In-charge

