DEPARTMENT OF PHYSICAL EDUCATION

Sports Participation Report 2021-2022

This year our sports students participated in 17 different Intercollegiate Sports Competitions i.e.-Badminton, Basketball, Table tennis, Football, Volleyball, Yoga, Athletics, Kabaddi, Power Lifting, Cross Country, Fencing, Judo, Kho-kho, Handball, Hockey (trials), Cricket (trials). And 3 girls participated in National Level competitions, out of them 2 are bronze medallist in power lifting Competitions. 3 girls participated in State level competitions and 12 students participated in Zonal Level competitions

Medal Tally for 2021-2022

| | Gold | Silver | Bronze | TOTAL | Participated |
|-----------------------|------|--------|--------|-------|--------------|
| International | - | - | - | - | |
| National | - | - | 2 | 2 | 3 |
| State | 2 | 2 | - | 4 | 3 |
| Zonal | 1 | 6 | - | 7 | 12 |
| Dist/Inter-collegiate | 12 | 19 | 18 | 49 | 75 |
| TOTAL | 15 | 27 | 20 | 62 | |

Degree College Sports Participation Report 2021-2022

1. Inter Collegiate Badminton Competition held at Pacific Sports Complex, Hinjawadi, Pune from 25th November 2021 & 26th November 2021.

| 1. | Ms. Zindu Ranade T.Y.BCS | 5647 |
|----|-----------------------------|------|
| 2 | Ms. Vaibhavi Joshi F.Y.BCom | 3081 |
| 3 | Ms. Sonali Ghogare TYBCom | 4484 |

2. Inter Collegiate Basketball Competition held at Bharti Vidyapeeth, Katraj & Ness Wadia on 27th November 2021, 29th November 2021 & 30th November 2021.

| | | , | |
|----|-----------------------|-----------------|-------|
| 1. | Ms Shweta Singh | F.Y.B.B.A.(CA) | 12145 |
| 2. | Ms. Sanika Punjani | F.Y.B.B.A. | 22140 |
| 3. | Ms. Shrushti Gaikwad | S.Y.B.B.A. (CA) | 12043 |
| 4. | Ms. Riya Bhalerao | S.Y.B.A. | 2670 |
| 5. | Ms. Khushi Pagare | F.Y.B.B.A. | 22145 |
| 6. | Ms. Rikshita Pillay | F.Y.B.Com | 3286 |
| 7. | Ms. Harshali Daundkar | T.Y.B.Com | 4653 |
| 8. | Ms. Lakshika Thawani | F.Y.B.A. | 2417 |
| 9. | Ms. Moksha Parmar | T.Y.B.B.A (CA) | 11961 |
| 10 | . Ms. Pooja Pardeshi | F.Y.B.Com | 3097 |
| 11 | . Ms. Nishtha Chulani | F.Y.B.B.A | 22155 |
| 12 | . Ms. Abha Patwardhan | F.Y.B.A. | 2216 |

We won the First Match with Nowrosjee Wadia College (17-12)

3. Inter Collegiate Table Tennis Competition held at Symbiosis College, S.B.Road, Pune on 3rd December 2021 to 4th December 2021.

| 1. | Ms Tupe Mayuri | M.A. | 6041 |) |
|----|-----------------------|----------------|-------|--------------|
| 2. | Ms. Shaikh Saniya | F.Y.B.B.A.(CA) | 12114 | Third Place |
| 3. | Ms. Joshi Ojaswini | F.Y.B.A. | 2475 | Bronze Medal |
| 4. | Ms. Harshali Daundkar | T.Y.B.Com | 4653 | J |

Our College Team secured Third Place in over all Championship of Table Tennis.

4. Inter Collegiate Football Competition held at B.M.C.C. College, Pune held at 3rd December 2021.

| Ms. Nishtha Chulani | F.Y.B.B.A | 22155 |
|---|----------------|-------|
| 2. Ms. Pooja Pardeshi | F.Y.B.Com | 3097 |
| 3. Ms. Vaibhavi Parte | F.Y.B.Com | 3417 |
| 4. Ms. Yogita Chattiyar | F.Y.B.B.A.(CA) | 12159 |
| 5. Ms. Janya Dudia | F.Y.B.A. | 2241 |
| 6. Ms. Kaynush Chindhy | F.Y.B.B.A | 22113 |
| 7. Ms. Aachal Sasanani | F.Y.B.B.A. | 22135 |
| 8. Ms. Khushi Pagare | F.Y.B.B.A. | 22145 |
| 9. Ms. Yukti Makhija | F.Y.B.A. | 2245 |
| 10. Ms. Priya Jadhav | F.Y.B.SC | 5417 |
| 11. Ms. Priya Sharma | F.Y.B.B.A. | 22163 |
| 12. Ms. Harshal Rapol | F.Y.B.A. | 2220 |
| 13. Ms. Anjali Godse | S.Y.B.A. | 2652 |
| 14. Ms. Harshita Masand | F.Y.B.A. | 2233 |
| 15. Ms. Aadirenu Shinde | F.Y.B.Sc | 5408 |

5. Inter Collegiate Yoga Competition held at Abasaheb Garware College, Pune on 6th December 2021.

| 1. | Ms. Kajal Yadav | T.Y.B.Com | 4606 |) | |
|----|---------------------|--------------|-------|---|----------------------|
| 2. | Ms. Soni Komal | T.Y.B.Com | 4662 | | Second Place- |
| 3. | Ms. Kiran Choudhary | T.Y.B.Com | | > | Silver Medal |
| 4. | Ms. Shana Shaikh | F.Y.BBA (CA) | | | |
| 5. | Ms. Sarita Paliwal | F.Y.BBA (CA) | 12154 | J | |
| 6. | Ms. Sakshi Tandale | F.Y.BBA (CA) | 12116 | _ | |

Our college team secure Second Place in over all Championship of Yoga.

6. Inter Collegiate Volley ball Competition held at CACPE, Gultekdi on 4th December 2021 and 6th December 2021

| 1. | Ms. Anisha Narayan | T,Y.B.B.A (CA) | 11951 |
|----|--------------------|----------------|-------|
| 2. | Ms. Joshi Ojaswini | F.Y.B.A. | 2475 |
| 3. | Ms. Moksha Parmar | T.Y.B.B.A (CA) | 11961 |
| 4. | Ms. Harshal Rapol | F.Y.B.A. | 2220 |
| 5. | Ms Tupe Mayuri | MA | 6041 |
| 6. | Ms. Riya Bhalerao | S.Y.B.A. | 2670 |
| 7. | Ms. Shravani Jore | S.Y.B.B.A (CA) | 12031 |
| 8. | Ms. Sakshi Yelmar | T.Y.B.B.A.(CA) | 11922 |
| 9. | Ms. Tanu Singh | F.Y.B.C.S | 5433 |

7. Inter Collegiate Athletics Competition held at Indrayaninagar Sports Complex, Bhosari on 7th December 2021 & 8th December 2021.

| 1. Ms Punam Dube | M.Com -6659 | (Javelin Throw) | 21.41 mts | Gold Medal |
|------------------|-------------|-----------------|-----------|------------|
| | | (Discus Throw) | 24.22 mts | |

2. Ms. Anushka Sarde T.Y.BCom-4251 (Hammer Throw) 22.4 mts Silver Medal (Discus Throw) 20.00 mts (Shot Put) 6.00 mts

3. Ms. Vaishnavi Jawle F.Y.BA.-2480 (800 mts) 2.45 min Silver Medal (1500 mts) Participation

4. Ms. Punam Choudhari T.Y.B.Com -4679

(100 mts Running) 13.73 **Bronze Medal**

| • | ng Jump) ple Jump) | 4.56 10.15 | Bronze Medal Fourth Place |
|--|---------------------------|--|--|
| 5. Ms. Madhu Kadam S.Y.B.B.A. | (CA) -12018 | (Long Jump) (Triple Jump) | |
| 6. Ms. Diksha Dhumal S.Y.B.A2 | 2665- (Long Ju (Triple | * ' | 3.85 mt 7.98 mt |
| 7. Ms. Joshi Ojaswini F.Y.B.A24 | 475 (Hammer (Shotp | Throw) 19.2 ut) 6.30 r | |
| 8. Ms. Rakshita Pillay F.Y.B.Com- 9. Ms. Manisha Choudhary F.Y.B. | * | O / | 16.08 sec 3.30 min |
| 10. Ms. Ghanashree Pawar F.Y.B.C | com-3288 | (800 mts) | 3.80 min |
| 11. Ms. Afreen Shaikh F.Y.B.B.A | (CA) – 12164 | (200 mt Runni | ng) 32 sec |
| 12. Ms. Safiya Shekh F.Y.B.A23 | 300 (200 mt R | Running) | 36 Sec |
| 13. Ms. Girija Bawarkar S.Y.B.A | | nt Running) mt Running) | 14.81 5 th Place 4 th Place |
| 14. Ms. Rani Dubey F.Y.B.B.A (C | (A) – 12169 (40 | 00 mt Running | 5 th Place |
| 15. Ms. Sneha Chavan F.Y.B.Com | - 3422 (Javel | in Throw) | 13.65 mt 4 th Place |
| 16. 4X400 mt Relaya. Ms. Punam Choudharic. Ms. Manisha Choudhary | d. Ms. Afre | | Silver Medal |
| Our College Four students are selec 1. Ms. Punam Dube 3. Ms. Vaishavi Jawale | 2. Ms. Ar | l Competition nushka Sarde nam Choudhari | |

8. Inter Collegiate Kabaddi competition held at Abasaheb Garware, Pune on $9^{\rm th}$ December 2021 and $10^{\rm th}$ December 2021

| 1. | Ms. Sanskruti Tawade | F.Y.B.Com | 3250 |
|-----|----------------------|-----------|------|
| 2. | Ms. Shital Mahadik | T.Y.B.Com | 4257 |
| 3. | Ms. Vruksha Waghmare | F.Y.B.A. | 2299 |
| 4. | Ms. Sai Kachare | T.Y.B.Com | 4220 |
| 5. | Ms. Sneha Chavan | F.Y.B.Com | 3422 |
| 6. | Ms. Sapna Surag | S.Y.B.Com | 3861 |
| 7. | Ms. Rutuja Kawade | T.Y.B.Com | 4279 |
| 8. | Ms. Pranita Talekar | F.Y.B.Com | 3245 |
| 9. | Ms. Shravni Indalkar | T.Y.B.Com | 4095 |
| 10. | Ms. Pooja Salunkhe | F.Y.B.Com | 3511 |
| 11. | Ms. Aparna Thorat | F.Y.B.A. | 2409 |
| 12. | Ms. Kajal Yadav | T.Y.B.Com | 4606 |

9. Inter Collegiate Power Lifting Competition held at Poona College, Pune on 15th December 2021

1. Ms. Anushka Sarde T.Y.B.Com 4251 Silver Medal

| Lifted Weight -230 kg | | | |
|-------------------------|------------|-------|---------------------|
| 2. Ms. Joshi Ojaswini | F.Y.B.A. | 2475 | Silver Medal |
| Lifted Weight -160 kg | | | |
| 3. Ms. Diya Varindani | F.Y.B.B.A | 22159 | Silver Medal |
| Lifted Weight -180 kg | | | |
| 4. Ms. Lakshita Thawani | F.Y.B.A. | 2417 | Bronze Medal |
| Lifted Weight - 105 kg | | | |
| 5. Ms. Khushi Pagare | F.Y.B.B.A. | 22145 | Silver Medal |
| Lifted Weight -110 kg | | | |
| 6. Ms. Priya Sharma | F.Y.B.B.A. | 22163 | Bronze Medal |
| Lifted Weight - 130 kg | | | |
| 7. Ms. Janya Dudia | F.Y.B.A. | 2241 | |
| Lifted Weight -110 kg | | | |

Our college 5 Students selected for the Zonal Competitions:

1. Ms. Anushka Sarde

2. Ms. Joshi Ojaswini

3. Ms. Diya Varindani

4. Ms. Lakshita Thawani

5. Ms. Priya Sharma

10. Inter Collegiate Fencing Competition held at Abasaheb Garware College, Pune on 21st December 2021 and 25th December 2021.

1. Ms. Sakshi More

T.Y.B.B.A. 21926

a) Epee Eventb) Foil Event

Silver Medal Bronze Medal

She was selected for the Zonal Fencing Competition.

11. Inter Collegiate Cross Country Competition held at Shahu College & S.P.P.U., Pune on 21st December 2021 and 23rd December 2021.

| 1. | Ms. Vaishnavi Jawale | F.Y.B.A. | 2480 | |
|-----------|------------------------|-----------|------|-------------|
| 2. | Ms. Manisha Choundhary | F.Y.B.Com | 3003 | |
| 3. | Ms. Ghanashree Pawar | F.Y.BCom | 3288 | First Place |
| 4. | Ms. Rakshita Pillay | F.Y.B.Com | 3286 | Gold Medal |
| 5. | Ms. Pallavi Adhagle | F.Y.B.Com | 3309 | |
| 6. | Ms. Sai Kachare | T.Y.B.Com | 4220 | J |

In Overall Championship our college secured First Place and Vaishnavi Jawale selected for the Zonal Level.

12. Inter Collegiate Judo Competition held at Ness Wadia College, Pune on 27th December 2021.

1. Ms. Joshi Ojwasnini (84 kg above) F.Y.B.A. 2474 **Gold Medal**

2. Ms. Kiran Baghel (44 kg weight Category) F.Y.B.Com 3498 Silver Medal

Both were selected for Zonal Competitions which will be held at Nashik.

13. Inter Collegiate Kho-Kho Competition held at Siddhivinayak College, Karvenagar, Pune on 28th December 2021 & 29th December 2021.

| 1. Ms. Afreen Shaikh | F.Y.B.B.A.(CA) | 12164 |
|-------------------------|-----------------|-------|
| 2. Ms. Sarita Paliwal | F.Y.B.B.A. (CA) | 12154 |
| 3. Ms. Sanskruti Tawade | F.Y.B.Com. | 3250 |
| 4. Ms. Sonali Ghogare | T.Y.B.Com | 4484 |
| 5. Ms. Rutuja Kawde | T.Y.B.Com | 4279 |

| 6. Ms. Shital Mahadik | T.Y.B.Com | 4257 |
|---------------------------|----------------|-------|
| 7. Ms. Anisha Narayan | T.Y.B.B.A.(CA) | 11951 |
| 8. Ms. Riya Rajput | F.Y.B.Com | 3004 |
| 9. Ms. Kahkashan Shakil | F.Y.B.Com | 3456 |
| 10.Ms. Muskan Kumar | F.Y.B.A. | 2306 |
| 11. Ms. Disha Vishwambhar | T.Y.B.Com | 4246 |
| 12. Ms. Shruti Math | F.Y.B.Com | 3411 |

14. Inter Collegiate Cricket Competition held at Azam Campus on **25**th **December 2021.**:

1. Ms. Mayuri Tupe M.A. I 6041 Participated for Selection trials

15. Inter Collegiate Handball Competition held at C.A.C.P.E. Gultekdi, Pune on 31st December 2021.

| 1. | Ms. Harshali Daundkar | T.Y.B.Com | 4653 |
|---|-----------------------|---------------------|-------|
| 2. | Ms. Rani Dubey | F.Y.B.B.A.(CA) | 12169 |
| 3. | Ms. Vishakha Sonawane | F.Y.B.A. | 2434 |
| 4. | Ms. Akanksha Pathak | S.Y.B.Com | 3873 |
| 5. | Ms. Nishtha Chulani | F.Y.B.B.A | 22155 |
| 6. | Ms. Riya Bhalerao | S.Y.B.A. | 2670 |
| 7. | Ms. Lakshika Thawani | F.Y.B.A. | 2417 |
| 8. | Ms. Priya Sharma | F.Y.B.B.A. | 22163 |
| 9. | Ms. Joshi Ojaswini | F.Y.B.A. | 2475 |
| 10. | Ms. Madhu Kadam | S.Y.B.B.A (CA) | 12018 |
| 11. | Ms. Sonali Ghogare | T.Y.B.Com | 4484 |
| 12. | Ms. Janya Dudia | F.Y.B.A. | 2241 |
| Our Two students selected for Zonal Level Competition | | | |
| a)] | Ms. Madhu Kadam 💎 b |) Ms. Riya Bhalerao | |

16. Inter Collegiate Hockey Competitions (Trials) held at Modern College, Shivajinagar on 28th November 2021.

1. Ms. Anuska Mhaske T.Y.B.A. 4798

She was selected for the Inter-Zonal Competitions.

17. Inter Zonal Hockey Competitions held at S.N.B.P Chikhli on 6th& 7th Dec.2021

1. Ms. Anuska Mhaske T.Y.B.A. 4798 Silver Medal The Pune City Team secured Second Place in Inter Zonal Hockey Competitions.

18. Inter Zonal Fencing Competition held at Abasaheb Garware College, Pune on 26th December 2021 and 27th December 2021.

1. Ms. Sakshi More T.Y.BBA **Participated** 21926

19. Inter Zonal Judo Competition held at K.T.H.M. College Gymkhana, Nashik on 28th December 2021 and 29th December 2021.

1. Ms. Joshi Ojaswini F.Y.B.A. 2474 Silver Medal 3498 Participation **2.** Ms. Kiran Baghel F.Y.B.Com

20. Inter Zonal Cross Country Competition held at B.D. Kale College, Ghodegaon, Ambegaon on 27th December 2021 and 28th December 2021.

2480 8th Place 1. Ms. Vaishnavi Jawale F.Y.B.A.

| 21. Inter-zonal Athletics Competition held at Indrayaninagar Sports Complex, | |
|--|--|
| Bhosari from 13 th December 2021 to 15 th December 2021. | |

1. Ms. Poonam Dube M.Com
Javelin Throw Gold Medal

2. Ms. Anushka Sarde T.Y.B.Com 4251

Hammer Throw 4th Place

3. Ms. Vaishnavi Jawle F.Y.B.A. 2480 (800 mt Running) 4th Place 4X400 mt Rellay Silver Medal

4. Ms. Punam Choudhari T.Y.B.Com 4679 100 mt Running 6th Place 4X100 mt Relay **Silver Medal**

22. Pune District Amateur Athletics Association Cross Country Race 2021 held at Bloomingdal International School, Narayangaon, Dist. Pune on 12th December 2021

1. Ms. Vaishnavi Jawle F.Y.B.A. 2480 **Bronze Medal**

She got selected for Maharashtra State Cross Country Competition.

23.. Maharashtra State Cross Country Championship 2021 held at Raja Ramrao Mahavidyalaya, Jath, Sangali pon 25th December 2021 and 26th December 2021.

1. Ms. Vaishnavi Jawle F.Y.B.A. 2480 Participation

24. Pune District Power Lifting Championship held at G-99, Fitness Academy, Pune on 24th October 2021 and 25th October 2021.

1. Ms. Anushka Sarde T.Y.B.Com 4251

a) Junior (Equipped) weight Category 76 kg
Bench Press - Lifted weight 65 kg

Gold Medal

b) Junior (Unequipped) Weight Category 76 kg
Bench Press- Lifted wight 60 kg

Gold Medal

She got selected for State Power Lifting Competition.

25. Maharashtra State Power Lifting Championship held at Aurangabad on 9th & 10th November 2021.

1. Ms. Anushka Sarde T.Y.B.Com 4251

a) Junior (Equipped) weight Category 76 kg
Bench Press - Lifted weight 57.5 kg

Silver Medal

b) Junior (Unequipped) Weight Category 76 kg
Bench Press- Lifted weight 60 kg

Silver Medal

She got selected for National Power Lifting Competition 2021, which will be held at Goa.

26. National Level Bench Press Competition 2021 held at Fatorda Stadium, Madgaon, Goa on 16th November 2021 to 20th November 2021.

1. Ms. Anushka Sarde T.Y.B.Com 4251

a) Junior (Equipped) weight Category 76 kg Bench Press - Lifted weight 60 kg

Fourth Place

| 27. Inter Zonal Handball Competitions held at A.V | W.Otur on 14 th February and 15 th |
|---|--|
| February 2022. | |

| 1. | Ms.Madhu Kadam | S.Y.B.B.A(CA) | 12018 | Silver Medal |
|----|------------------|---------------|-------|--------------|
| 2. | Ms. Ria Bhalerao | S.Y.B.A. | 2670 | Silver Medal |

They secured Silver Medal in Zonal Competition.

28. Pune District Classic Power Lifting Competitions held at Vadgaon Maval, Pune on 26th & 27th February 2022.

- 1. Ms. Anushka Sarde T.Y.B.Com 4251 **Gold Medal** (Junior Under 84 Kg) Total Weight Lifted 265 kgs
- 2. Ms. Diya Varindani F.Y.B.B.A. 22159 **Gold Medal** (Sub-Junior Under 76 Kg weight) Total Weight Lifted 270 kgs
- 3. Ms. Ojaswini Joshi F.Y.B.A. (B) 2475 Fourth Place (Junior 84 Kg Plus Category) Total Weight Lifted 255 Kgs
- 4. Ms. Priya Sharma F.Y.B.B.A. 22163 Participated (Sub-Junior Under 63 Kg) Total Weight Lifted 150 kgs
- 5. Ms. Lakshika Thawani F.Y.B.A.(B) 2417 **Bronze Medal** (Sub-Junior Under 76 Kg) Total Weight Lifted 160 Kg

Diya and Anushka got selected for Maharashtra State Power Lifting Competition which will be held at Mumbai.

29. Inter Zonal Power Lifting Championship held at SSGM Science, Gautam Arts & Sangivani Commerce College, Kopargaon, Ahmednagar on 2nd & 3rd March 2022.

| 1. | Ms. Ojaswini Joshi | F.Y.B.A.(B) | 2475 | |
|----|----------------------|-------------|-------|--------------|
| 2. | Ms. Lakshika Thawani | F.Y.B.A.(B) | 2417 | Participated |
| 3. | Ms. Priva Sharma | F.Y.B.B.A. | 22163 | |

30. Maharashtra State Classic Power Lifting Championship held at Kamgar Kalyan Mandal, Dadar, Mumbai on 5th & 6th March 2022.

| 1. | Ms. Anushka Sarde | T.Y.B.Com | 4251 | Gold Medal |
|----|------------------------|-----------------|------|------------|
| | Junior Undder 84 Kg V | Weight Category | | |
| | Total weight Lifted 26 | 0 kg | | |

Ms. Diya Varindani F.Y.B.B.A.
 Sub-Junior Undder 76 Kg Weight Category
 Total weight Lifted 272.5 kg

Both of them selected for National Classic Power Lifting Competition which will be held at Kerala

31. All India Inter University Judo Competition held at Chatrapati Shahu Ji Maharaj University, Kanpur from 22nd to 24th March 2022.

| 1. | Ms. Ojaswini Joshi | F.Y.B.A(B) | 2475 | Participation |
|----|--------------------|------------|------|---------------|
|----|--------------------|------------|------|---------------|

32. Pune District Athletics Competition held at Indrayani Krida Sankul, Bhosari on 26th & 27th March 2022.

1. Ms. Vaishnavi Jawale F.Y.B.A. 2480 (1500 mt Run) Silver Medal (800 mt Run) Bronze Medal

2. Ms. Manisha Choudhary F.Y.B.Com 3003 (1500 mt Run) Bronze Medal

3. Ms. Girija Brawkar S.Y.B.A (100 mt Run) Participation 200 mt Run Participation

4. Ms. Diksha Dhumal S.Y.B.A. Long Jump Participation Triple Jump Participation

5. Ms. Rakshita Pillay F.Y.B.Com (B) 100 mt Run Participation

6. 4X100 mt Relay

a) Devika Burad b) Girija Barawkar

c) Diksha Dhumal d) Rakshita Pillay **Bronze Medal**

Ms. Vaishnavi Jawale selected for State Athletics Competitions.

33. Classic Power Lifting National Championship held at Townhall, Alleypey, Kerala from 9th to 14th April 2022.

1. Ms. Anushka Sarde T.Y.B.Com 4251 Bronze Medal (Junior Under 84 Kg-Bench Press) Total weight Lifted 270 kg

Overall Rank= 4th Place

Ms. Diya Varindani F.Y.B.B.A.
 Sub Junior Under 84 Kg Bench Press Overall Rank =4th Place
 Z2159 Bronze Medal Total Weight Lifted 277.5 Kg

34. Maharashtra State Athletics Championship held at Indrayani Krida Sankul, Bhosari from 21st to 25th April 2022.

1. Ms. Vaishnavi Jawale F.Y.B.A. (B) 2480 (1500 mt Run) Participated