St. Mira's College for Girls, Pune

(Autonomous-Affiliated to Savitribai Phule Pune University)

Department of NSS

NSS Winter Camp report -2023-2024

Place: Nimgao Mhalungi, Shirur, Pune

18th January,2024 to 24th January,2024

Department of NSS had organized it's winter camp from 18th January,2024 to 24th January,2024 in the village named Nimgao Mhalungi,Shirur,Punc. Following activities were done during these 7 days. 46 students attended this camp.

Day 1 - 18 January 2024 Thursday

Day started by loading all the things in the bus from 9:00 am. Students loaded their luggage, utensils, vegetables and all the other things that they needed for 7 days. Journey from St.Mira's to Nimgao Mhanlungi started at 10:30 am .At 11:30 am, students reached in the village Nimgaon Mhalungi college banner was put Infront of the ZP school entrance. Till 12:00 o'clock students reached to the Zilla parishad prathmik shala, Nimgaon Mhalungi, where everyone supposed to stay for 7 days. Students unloaded the bus, cleaned the school toilet, rooms, kitchen and all the things and luggage were kept in the hall. After that our program officer manjita ma'am visited the gram panchayat office for competing the formalities.

Dividing students into teams and assigning work to them

At approximately 2:00 o'clock, students were divided into 6 groups having one volunteer as its leader every group was given some work. For example-Team 1 (akshata's team) was given the work of cooking. Team 2 (Priyanka's team) did the cleaning work. Team 3 (Asiya's team) did the work of washing utensils. Team 4 (Maria's team) filled the water in the vessels and team 5 (dhanashri's team) was the cultural committee. They conducted the NSS opening ceremony. Team 6(Muskan's team) did the toilet cleaning work.

NSS Camp- Opening Ceremony

After the completion of all this work students went to the hall near the temple at 3:30 PM for the opening ceremony of NSS camp. The chief guests present for this opening ceremony were Sarpanch Bapusaheb Kale, Dr Viraj Bhandalkar, Kantilal gavate, Uttam sagare, Dattatreya Kale and Baburao Choudhary. In this ceremony, Manjita Kulkarni, NSS PO expressed gratitude to the village for giving permission for this camp and also briefed them about what are the activities that we will be conducting throughout the camp. She also gave information about the Gramshahar Vikas. All guests were



welcomed by giving gift. Sarpanch Bapusaheb Kale talked about importance of NSS in all round development of personality and how NSS plays an important role in contributing for the society. He wished students good luck for this camp and assured of any help that is needed from the village. He also gave historical information about the village .Dr Viraj Bhandalkar explained the meaning of NSS . NSS means- not me but you i.e community comes first. He also taught students the importance of teamwork. At the end Mr Baburao Choudhary appealed students not to fear about talking in front of many people but to take that experience and learn from it.

Village Tour

After completion of the opening ceremony all the students except the cooking team went for a village tour in which students saw important places of the village we saw the Ashram Shala, Clinic, Well, Ekta Mahila Gram Sangh, Maji Sainik bhavan, PDCC bank, Bharat gas, Vidya Vikas Mandir Secondary School and junior College and Gram Daivat Mhasoba mandir. Students came back from the tour at 6 pm and completed the work given to them and started preparing for the next day activities.

Day 2 - 19 January 2024 Friday

Second day began by waking up at 5:00 am. After that student freshened up and prepared for that day's activities. -University song, NSS song, Sanctuary, yoga and exercise time.

Morning rally

Morning rally on the topic of water conservation took place from 7:00 am to 8:15 am. Each team took one slogan each and everyone repeated it. Each team made their posters for the rally the previous day. Some of the slogans used were-दृष्टी दान श्रेष्ठ दान वाणी दानाचे कार्य महान, बचन पाण्याची, गरज काळाची., जर असच पाणी वाया जाईल,तर प्रत्येक जीव तहानलेला सहील, पाणी वाचवा सृष्टी वाचवा,पाणी हे जीवनाचे अनमोल स्तन चला करू त्याचे जतन. Students started this rally from their staying place that is Zilla Parishad primary school to the main areas of the village and again returned to the school After coming from the rally students completed their routine work.

श्रमदान (Shramdaan)

Students did their shramdaan activity in the temples of the village and its nearby area, students cleaned the Maruti mandir, Dutta mandir and Shiv mandir. Brooming, wiping of the floors was done. Nearby area and road were cleaned. This activity was done by every student except the cooking team. Students did this between 9:30 and 11:30 am.

Financial Literacy lecture

Students attended the financial literacy lecture which was conducted by Assistant Professor Amruta Narke. She is a professor of Economics. This lecture took place in the hall near the temple where all cultural programs take place. At the beginning, Amruta Narke asked students some questions which made them aware of financial literacy. She also stated that only 27 to 28% of India's population is financially literate and from that the number of women is very less. Hence it is essential for all women to be financially literate. She gave information about protection from financial frauds, financial



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planning, savings etc Students got to know about two types of accounts- Demand deposit account and time deposit account. Some Information about mutual fund, SIP was given, students also got to know about various sources from which we can learn about financial literacy. Internet can be used to learn on YouTube. Newspapers provide articles about financial frauds community marketing which will be useful for us. She also said that personal budget making, planning, investments are very important for everyone of us to learn.

Fire Safety awareness programme

In the afternoon from 3:30 to 5:30 pm, we went to a fire safety awareness program. This programme was conducted in the nearby Vidya Vikas Mandir Secondary School and junior College, Nimgaon Mhalungi. The objective of this programme was to make the students aware of the fire safety. Chief guest Mr Manik sir(firefighting programme officer), staff of MIDC fire service, and Staff of Magic Bus NGO (Magic bus is an NGO which works for children's safety. Various activities are planned by them for the safety of Children) all were present on the stage. Mr.Manik gave everyone a lot of information about what is fire, how is it produced (Three sources - Fuel, Oxygen, heat). What are the ways to extinguish fire-starvation for fuel blanketing for oxygen and cooling for heat. He also showed everyone different types of nozzles to extinguish fire. They also did the mock drill by depicting the various techniques of fire extinguishing. All school children and NSS students enjoyed this part of the program. Mr. Manik told everyone to dial 101 number whenever we get caught in the fire emergency

Street play

Team 6 organised a street play on the topic -स्वच्छता हीच सेवा. It was a short 10 -15 minutes play. Topic of the street play was-स्वच्छता हीच सेवा . They depicted story of teacher telling her students, the importance of segregation of waste. Later, the students teach their parents that not to throw waste on the road. They also told the impacts of throwing waste on the road. The play ended by everyone saying-स्वच्छता असे विशे इंश्वर बसे विशे.

After this all had dinner, shared their experiences and students wrote their diary, prepared slogans for next day and slept.

Day 3 - 20 January 2024 Saturday

As every day students woke up at 5:00 am and did their routine work. University song, NSS song, sanctuary. Professor Ekta took their session on meditation and yoga. Stretching exercises, back exercises, exercises for legs and yoga. Meditation followed the exercises and yoga this completed till 7:15 am.

Morning rally

Morning rally on the topic-आरोग्य हीच धनसंपदा was organised to spread awareness about importance of health in our life . slogans like- सकाळी संध्याकाळी करूया योग नाही जवळ येणार कधीही रोग , नित्य कसरत असे जिथे आरोग्य उत्तम असे



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Prof. Dr. Jaya Rajagopalan Principal Incharge

तिथे , शरीर स्वस्थ जीवन मस्त , आरोग्यदायी जीवन हेच सर्वात मोठे घन, योग्य आहार व व्याचान करूया निरोगी आयुष्य जगूया were used. Posters were made by all the teams for this rally rally started at 7:30 am and ended at 8:15 am. Students covered the road from Mhasoba Mandir -Maruti Mandir - Gram panchayat office -Datta mandir- PDCC bank and again back to Mhasoba Mandir. These were the main residential areas of the village -Nimgaon Mhalungi . After coming back each team completed their routine work . Team 6 conducted games for the school children and played with them.

अमदान(Shramdaan)

This day in shramdan students did the work of making a ring around the trees so that water can be given to the trees. Approximately 30+ trees were cleaned and made rings around it. These trees were the trees present in the Zilla parishad primary school campus where we stayed. This work was performed by all the teams. Even we got 50 saplings from Theur nursery, saplings were unloaded by the students, It started at 3:00 pm and ended till 5:00 pm. Students used farm instruments like shovel, spade, and weeding hock.

Guest Lecture

Guest lecture on the topic-Modern farming was conducted by Mr Namdev Kale ,a farmer .He knows about farming from his childhood and also supplements farming with construction work. Namdev Sir told us about the difference between traditional farming and modern farming. Traditional farming takes a lot of time while modern farming methods does not take much time. Traditional farming involves use of pair of ox to blow the field which does not go much deep but in modern farming tractor is used which does deep ploughing of the field. Modern farming uses chemical fertilizers which are harmful for the crops but traditional organic method does not involve use of chemical fertilizers and therefore it is safer. Nowadays farmers use the method of modern farming to increase their income but even after using the modern farming technique they do not get that expected income due to the chain of middle persons involving in the process from production to distribution . This affects the farmers income largely.

Lecture by Sarpanch(Bapusaheb Kale)

Later, the sararpanch talked about the challenges before youth. Nowadays social media plays a big role in distracting many youngsters. Students waste their time on Social media rather than using it for productive purpose. He also asked students about their goals in life. He said that every one of us should have a aim in life, so that we can work on that path. If we are aimless, we will end up doing nothing. He even said that every girl should be financially independent and career oriented before thinking of Marriage. Talked about the government jobs, how to apply these jobs. Lastly, he wished many good wishes to everyone one of us to be successful in our lives. After the lecture we went for the aarti in the Hanuman Mandir with Sarpanch Sir.



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Street Play

The street play started at 8:00 pm, on the street in front of the Hanuman Mandir. Two street plays were performed that day. The First Street play was performed by Akshata's group on the topic-बेटी बचाव बेटी पढाव. It was a story in which a small boy and a small girl is treated differently in the same family. But after some years the girl becomes a successful police officer and the boy ends up doing nothing and gets addicted to liquor, he does not even talk properly with his parents and left them. This play gave a message that how a girl can come out with flying colours if she gets a chance. A girl will never leave her parents. The play ended by an end note- मुलगी घराची पणती तिच्यामुळे घर प्रकाशित होते. After the play, many schemes related to girls were told to the villagers like-1)लेक लाडकी योजना 2)बालिका समृद्धी योजना 3)उडान योजना 4) बेटी बचाव बेटी पढाव योजना.

Another skit by Muskan's team on the topic-स्वच्छता हीच सेवा was performed once again today. They depicted story of teacher telling her students, the importance of segregation of waste. Later, the students teach their parents that not to throw waste on the road. They also told the impacts of throwing waste on the road. The play ended by everyone saying-स्वच्छता असे जिथे ईथर बसे तिथे

Day 4 - 21 January 2024 Sunday

Day began at 5:00 am and everyone started doing their routine work. Sanctuary began at 6:15 am. We sang the university song, NSS song, sanctuary-prayers.

Professor Ekta's Yoga and Meditation Session

After the prayers professor Ekta took students yoga and meditation session. She observed that students were tired and feeling very cold so she took the exercises which will give them warmth. Stretching exercises, balancing exercises and yoga was taken by her. She also took 10 minutes meditation by lying down and keeping their eyes closed which gave them energy for the whole day. Professor Ekta encouraged them to not to stop and keep doing the good work that they were doing. Girl's completed their daily chores and went for shramdaan.

श्रमदान(Shramdaan)

Shramdan started at 9:10 am this day. Students coloured the trees of village with lime (chuna) and red powder which is also called as (Kaau) this is coloured to avoid insects. 4 teams completed this activity 2 teams completed one road which goes to the Nimgaon Phata. Other 2 teams did the other road which goes to the kasar phata. Almost 2 kilometres was covered by each team, so total approx. 4km road was covered.

Cleaning of the Smashanbhumi (Graveyard); One team of 7-8 girls went for the Cleaning of Smashanbhumi in the Village. They collected the dry leaves and waste material from that area, and cleaned it. Students completed their Shramdaan activity till 1:00 pm



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Prof. Dr. Jaya Rajagopalan Principal Incharge

Guest Lecture

Students attended a guest lecture which was about various government schemes for girls and women , from 2:15 to 3:15 pm. This was a interaction based lecture Four guests were present for this Interaction-Reshma Shaikh Madam who is the region secretary of BJP, Anagha Pathak Madam who is Shirur loksabha coordinator, Pallavi Hirve Madam who is the taluka coordinator of beti bachao beti padhao, Bharti Shahane Madam who is City coordinator of beti bachao beti padhao. Anagha pathakji was the speaker of this guest lecture.

Firstly, she gave us information about beti bachao beti padhao. The scheme's target is that every girl should be financially independent and there should be gender equality. She also talks about rising violence against girls. In this case, girls should communicate with their parents and try to find out solution out of it. The beti bachao beti padhao scheme's aim is also to see a change in society and inculcate the value of humanity. She also told students some other schemes which are very beneficial for people who are economically backward. Matru vandana yojana, ujjwala gas yojana, Ayushman Bharat card, Sukanya samridhi yojana, lek ladki yojana. At the end she asked all of the students to give her a promise that we will be strong to protect ourselves and learn self-defence skills.

Lecture by Mrs. Ashvini Khaire

Professor Mrs.Ashvini Khaire conducted a guest lecture between 3:15 to 3:45 pm.lt was mainly about conservation of environment and the work of the institution she is associated with. She is associated with पर्यावाण संवर्धन गतिविधी संस्था. It works to save our environment. They do this in many ways like- stop food wastage, avoid the use of plastic and use of alternative sources. They also stitch cotton bags from bachat gat groups and sell it. These cotton bags are made from old sarees. They plant trees on the occasion of birthdays and anniversaries. Weekly collection of waste or plastics from the societies is done by them. Ashvini ma'am talked that we should try to save water while doing daily work like toilet usage, brushing of teeth, bathing, cooking, and using washing machine. We should try to use it very cautiously. At the end she gave students some information that setting up waste management business can also be a very good career option.

Tree plantation drive

Students did a tree plantation drive from 5:20 to 6:50 pm. For tree plantation, they took the trees which were kept at the nursery to the actual area of tree plantation first. Almost 54 trees were planted covering the whole road by our students. Trees like Wad (Banyan), Pimpal(Sacred fig), Chinch(Tamarind) and other indigenous plants.

Street Play

Street play was performed today from 7:00 to 7:15 pm by Priyanka's group on the topic- Population Control. This play was based on bad impacts of having excessive children. It showed a story of a family consisting of a mother, father and their four children. The father was the only one who was earning in the family, and he was not able to fulfil the wishes of his four children. The play depicted that if the



family had only two children, the would have been able to fulfil everyone's wishes and everyone would have been lived happily. The street play ended by a slogan- Jan Jan ka Nara hai janasankhya niyantran apnana hai!!

Guidance by Mr.Sharad Dogre

Mr.Sharad dogre, teaching in Zilla parishad primary primary school, Nimgaon Mhalungi, guided the students on the importance of quality education and the schools in overall development of the personality. He said that it's because of education and schools that an individual becomes successful. For this he gave an example of his own school. His school gave many good doctors, engineers, officers to the society. He also said that the schools in Nimgaon Mhalungi are government schools but they teach good values which is the reason that there are many successful students from these schools.

Day 5 - 22 January 2024 Monday

Day began by waking up at 5:00 am. Sanctuary took place between 6:00 to 7:30am. Students sang University song, NSS song, sanctuary, Warm up exercises and surya namaskar was performed this day.

Morning Rallies

It took place between 7:30 to 8:15 am. Students were divided into 2 teams.One team went from Nimgaon phata road for voter awareness rally the slogans used in this rally were -बृद्ध असो किंवा जवान अवश्य करा मतदान , तुमचे मत तुमचा अधिकार , सोडा सर्व काम चला करू मतदान The other team went from the other side and conducted the organ donation rally. Awareness on organ donation-Slogans used in this rally were-अवयव दान जीवनाचे महान दान , नेत्रदान सर्वश्रेष्ठ दान , अवयंब दान माणुसकीची जाण . Every team covered almost 2 kilometres.

Rangoli on the occasion of Ram Mandir Pran Pratishtha

After the morning rally 10 girls went to draw rangoli in front of the Hanuman Mandir on the occasion of Ram Mandir Pran Pratishtha.

Survey form filling

Survey form filling was done between 10:30 to 11:30 am. 3-4 girls in a group went to the houses of villagers to fill the survey form. This form included information about no. of family members their occupation, income schemes and facilities in the village.

Intellectual and team management related games

Professor Hiteshi conducted fun and relaxing games like chicken dance, word antakshari, arrangement of ourselves in an alphabetical order within 20 seconds, act on any object available in the campus of the school. Students had to think over an activity and they enjoyed working in the team, all felt refreshed after these games.

Colouring of trees with lime and red powder -Between 5 to 7:00 pm, this day students completed the finishing touch on the trees for cow and chuna.



Mandir Aarti on the occasion of Ram Mandir Pran Pratishtha All of us were invited for the mahaaarti in the hanuman mandir between 7:15 to 8:15 pm. Chanting of Hanuman Chalisa and Ram Jap with the villagers was done.

Street Play Street play's topic was- Prohibition of dowry. The central idea of this play was not to give dowry and take dowry. The girl who is getting married should be given respect instead of giving dowry. They used song in the street play. Some lines of this play will always remain in our minds-असं पटलं की, असं पटलं की, सुपारी फोडावची. It means that don't do marriage before you are assured that the groom's family will not take dowry from you.

Day 6 - 23 January 2024 Tuesday

As every day we sang the University song, NSS song, sanctuary. Students did the Stretching exercises and yoga.6:15 am to 7:15 am

Morning rally on women empowerment

Students took a morning rally in the village starting from the left of the primary school gate. Slogans used today were- नको आता वंशाचा दिवा हवा आहे स्रीचा कळवळा, महिलांना द्या सन्मान देश बनेल महान, महिलांना द्या शिक्षणाचा आधार होईल पुढील पिड्यांचा उद्धार, नारी आता अबला नाही संघर्ष आमचा चालू राही, नारी शक्ती भारी नका समजू तिला जिचारी. This rally took place from 7:30 to 8:30 am.

श्रमदान(Shramdaan)

Students completed the campus cleaning of the school where they stayed. Rémaining work of making rings around the trees was completed. These rings were made by arranging small stones in a circular manner around the trees these stones used were coloured by red powder and lime. The other team cleaned the other side of the campus, separated the plastic and removed all the unwanted grass. This work went on from 9:30 to 1:00 pm.

Visit to Babaibai Takalkar Ashram Shala

In this visit to the Ashram Shala, students saw various different matches of wrestling by the school children. It was amazing to see how the children use the different techniques to attack and defend. Students saw matches between a boy and a boy, a girl and a girl, and also between a boy and a girl. Students were just mesmerised to see the talents of the children of Ashram Shala. Two students performed Natya Chata. One natyachata was about how parents communication with their children is reducing day by day because both of them the are outside the home for job. It ended with the student saying- के के पावसा, पैसा झाला खोटा, पाउस आला मोडा. The another natya chata was based on the topic-mother. It gave an important message to all of us to take care of our mother and respect her. Mr.Pawar, sports teacher of the school and national wrestling player introduced students to the children of the school who are very poor and whose parents cannot look after them. These students were brought into the ashram shala for their education. We learnt a lot from this visit to Ashram Shala.Later NSS PO Manjita Kulkarni and professor Simran Chug felicitated the principal of the school- Mrs.Lata Chavhan,



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Prof. Dr. Jaya Rajagopalan Principal Incharge

Mrs.Walke,Mr. Sundar Shinde, Mr.Pawar, Mr.Bapusaheb Kale-Sarpanch and students of the school. At the end Mr.Pawar advised students to give 15 to 20 minutes of our day to do 5 surya namaskar, It keeps us fit and increases strength and also advised to run 100 metre every day. Then students practiced for the program.

Valedictory program

Valedictory program started at 7:30 pm in which Sarpanch Bapusaheb kale, Mr.Avinash (police officer) Mr.Nikam (principal of the Zilla parishad prathamik shala), Mr Namdev Kale, Mr.Prakash Nagawade, Mr.Baburao Choudhary were present as chief guests. All chief guests were felicitated by professor Manjita and professor Simran. 57 books were donated to the Zilla Parishad Prathamik Shala,in which 7 were dictionaries. Professor Manjita Kulkarni thanked the village for their support. After this some of the students shared their experience of the NSS camp and also shared what they learnt from the camp. Everyone felt grateful for the village and for the villagers for their help and support. After this Mr.Nikam, Mr.Avinash, and Mr. Bapusaheb Kale-sarpanch they all spoke a few words.

Cultural program

Cultural program started at 8:00 pm. It started by a street play by Maria's group on the topic-Child Marriage and gender discrimination.

Right after the street play, Ganesh vandana was performed by 3 of our students. Dance on the song Aigiri Nandini was the next performance. Team 2 (Priyanka's team) sang the song 'Teri mitti 'Team 1 (Akshata's team) performed outstanding dance on the song Khel Mandala. Next was Team 3 (Asiya's team) who did group singing of the song 'dil diya hai jaan bhi denge' Next Team 6 (Muskan's team) performed singing on Vatan naaz hai tera and Ae watan mere watan . After this team performance, Sanjana performed one solo dance performance on the song- Kanha Soja Zara. Team 5 (dhanashri's team) performed next. They performed on the song India Wale. After this energising performance, Vaishnavi and sanjana came on the stage to perform a very graceful dance on the song-Ghar more Pardesiya. Next was the dance performed on the song-Malhar by Muskan, Suhana, Meghna, Nikita and Purva. Last performance was performed by team 4 (Mariya's team) it was a dance on the

song- Bharat Ki beti. At the end Muskan gave the vote of thanks and the cultural programme ended at around 9:15 pm.

Day 7 -24 January 2024 Wednesday

Regular routine was followed. Team 5 students sang the University song, NSS Song, Sanctuary started at 6:15 am followed by yoga and ended till 7:00 am.

Morning Rallies

After the beautiful start of the day students went on for the morning rallies. Everyone was divided into 2 groups. One of the group's topic was road safety they used slogans like-बेगाबर नियंत्रण जीवाबर नियंत्रण ,अति घाई

GLEGE FOR GRADES

संकटात नेई,आवरा वेगाला सावरा जीवाला in the rally. Another group of students went on a rally whose topic was a waste management. Slogans like-कचराकुंडी चा वापर करू सुंदर परिसर निर्माण करू, स्वच्छता असे जिथे आरोग्य असे तिथे, प्लास्टिकच्या पिशवीचा वापर टाळूया कापडी पिशवी वापरूया were used. Both the rallies took place from 7:20 to 8:00 am. These rallies were taken from the nimgaon Phata road and also covered the area surrounding gram panchayat office. Then daily regular chores were completed by the students.

Survey analysis

From 9:30 to 11:00 am, students did the analysis of the survey which was taken by the students in earlier days.

Lecture on the topic of Shree Chhatrapati Shivaji Maharaj - his ideals and Fort conservation

This lecture took place from 11:00am to 11:45am. One of our friend Akshata Ghobale, conducted this lecture. Akshata talked about Shree Chhatrapati Shivaji Maharaj, his ideals, about his Shivrajyabhishek, importance of that day, historical background and she talked about forts. Forts are very important part of our historical heritage and hence they must be conserved. She said that we must not throw garbage on the forts and keep that area clean. You should not write or draw anything on the walls of the forts. She gave an example of fort sinhagad that how it is conserved and well maintained

Lecture on the topic laws related to women

This lecture was conducted by professor Simran, from 11:45 to 12:30 pm. In this lecture, she talked about the various issues faced by women today and what are the solutions for it in the law. She mentioned about Vishakha Guidelines which are the laws against violence against women like rape, sexual harassment, harassment at workplace etc. She also said that to be aware about these laws is necessary for all women and every women should fight back against all the problems they are facing.

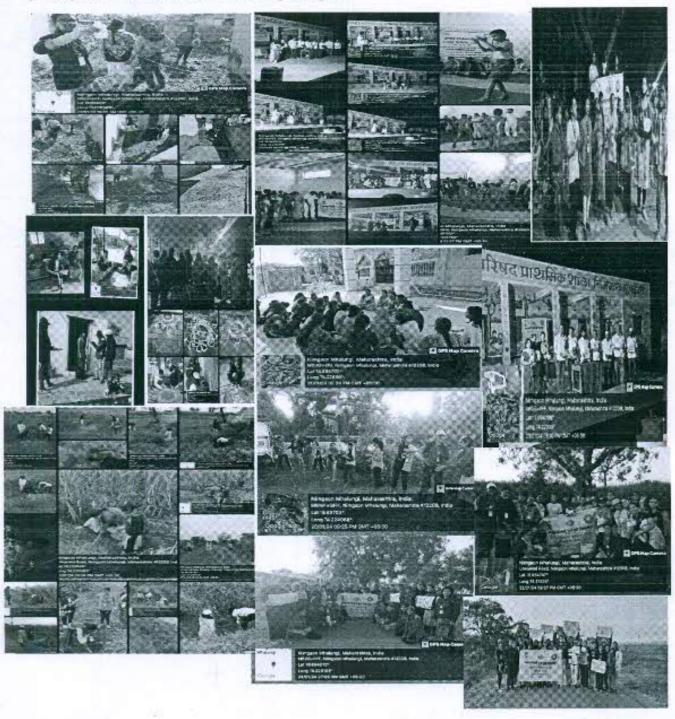
Lecture on importance of positive thoughts belief faith in the 21st century

This lecture was conducted by NSS PO professor Manjita Kulkarni from 12:30 to 01:15 pm. She talked about Stress Management and played a game with students in which students were supposed to say something about any girl from our camp. Students were supposed to say only positive things about that person, so this activity was to see how we think about the people and world around us. Situations and problems were discussed and everyone was asked to suggest the solution for that situation. Faith over divine power, self-confidence and power of positive thoughts were discussed in this lecture. Students



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enjoyed this game a lot. Around 2pm students started to upload their luggage and all other things. And journey started back to St. Mira's College for girls.



Ms.Manjita Kulkarni NSS Program Officer

