



SADHU VASWANI MISSION'S
St. Mira's College For Girls, Pune
An Autonomous (Affiliated to SavitribaiPhule Pune University)
Reaccredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE, BSc (Computer Science), BBA,
BBA(CA)]
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POLICY TITLE: Sports Policy	
Policy Number:	9
Description of the Policy	The directives to be followed for the ongoing recreational and competitive sports programme of the college and also for the faculty members to assist the Department of Physical Education in promoting, organizing and supervising the college Sports and 'Active Life' programme.
Drafting Authority	Criterion 4
Policy Application	Students/ Teaching Staff
Effective from:	15/6/2017
Revised on:	June 2020-21
References for the Policy	UGC guidelines



Jaysh
Principal Incharge
St. Mira's College for Girls, Pune.

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Sports Policy

Purpose:

To motivate students to become part of the ongoing recreational and competitive sports programme. Students need to be informed about the benefits of being involved in an active lifestyle. Also to involve faculty members to assist the Department of Physical Education and Sports Management in promoting, organizing and supervising the college Sports and 'Active Life' programme

Policy:

1. The College Director of Physical Education shall organize, supervise and administrate competitive, recreational and leisure time sports activities.
2. The student should take pride in associating themselves with sports activities and in motivating / promoting fellow students to take part in sports
3. Students shall take advantage of a GYM with modern physical exercise and fitness equipment.
4. The college playground will be used for games like Handball, Kabaddi, Throw ball/ Volley ball, Basketball Half court, Badminton open court, Taekwondo, Athletics (Javelin throw, Discus throw, Shot Put, Hammer Throw, long Jump pit, Hurdles, 50 meters running track) and football ground.
5. Indoor sports like Table tennis and chess shall be encouraged as college has indoor sports facility available.
6. Students participating in different sports activities shall practice daily for two hours. Special coaches to train these students in their respective events will be appointed.
7. During Physical Education lectures, Yoga, self-defence, various fitness activities & games will be taught.
8. The College Director of Physical Education shall look after Scholarships, fee concessions, free medical check-up, free nutritious breakfast (Protein powder), vitamins, travelling and refreshment allowances during matches, T-shirts and tracksuits are provided to students participating in inter college/university/state /national level sports.



9. Academic support in the form of special concession in attendance, flexibility in examination schedules shall be awarded to encourage sports.
10. The College Director of Physical Education shall organize Annual Sports day every year.



G.H. Gidwar
Principal
St. Mira's College for Girls