

## **BA PSYCHOLOGY – COURSE OUTCOMES**

### **Psychology General 1 – AC12005**

#### **Semester I**

At the end of this course, the learner will be able to:

- Describe the evolution of psychology and the major pioneers in the field and identify the various approaches, fields, and subfields of psychology
- Enumerate the value of psychology and possible careers paths for those who study psychology
- Describe the scientific method to psychology and identify the strengths and weaknesses of research methods
- Define personality and the contributions of Freud and neo-Freudians to personality theory
- Compare and differentiate between personality theories namely type, trait, psychoanalysis, humanistic theories
- Describe cognition, intelligence theories and intelligence testing, problem-solving strategies, creative thinking

### **Psychology General 1 – AC22005**

#### **Semester II**

At the end of this course, the learner will be able to:

- Apply psychological insights and principles of adjustment to their own lives.
- Review the concept of self, self-esteem, self-efficacy and self-presentation
- Explain motivation and major theories about motivation
- Describe hunger and eating in relation to motivation, obesity, anorexia, and bulimia
- Describe social motives
- Elaborate elements of emotion and how we express, recognize and manage emotions
- Discuss the process of interpersonal communication and the principles of effective communication
- Describe stress, types of stressors and coping mechanisms to deal with stress

### **Psychology General 2 - A32116**

#### **Semester III**

At the end of this course, the learner will be able to:

- Recognize the basic concepts, theories and methodology of social psychology.
- Summarize the causes and consequences of social behavior.

- Recognize the nature of social cognitions
- Determine the origins of human attitudes
- Determine the causes of stereotyping and discrimination.
- Integrate unique features of the Indian socio-cultural context with the social behaviors of individuals

### **Psychology General 2 – A42116**

#### **Semester IV**

At the end of this course, the learner will be able to:

- Summarize the causes and consequences of social behavior.
- Analyze social problems with the help of various psycho-social theories
- Reflect on how individual behavior is influenced by social and cultural contexts.
- Integrate the motives of pro-social behaviors with the helping behavior of individuals
- Determine various causes of aggression
- Use the principles of social psychology in various fields

### **Psychology Special 1 - A32117**

#### **Semester III**

At the end of this course, the learner will be able to:

- Summarize and recognize the history and nature of Abnormal psychology.
- Recognize the various perspectives of Abnormal psychology.
- Identify and assess the role of psychosocial adversities in psychopathology.
- Recognize the risk and protective factors for mental health and wellbeing at different levels (e.g., individual, organization, community, society).
- Demonstrate familiarity with the current diagnostic systems and their ethical limitations.
- Examine the socio-political determinants of Psychopathology in the Indian context.

### **Psychology Special 1 – A42117**

#### **Semester IV**

At the end of this course, the learner will be able to:

- Classify and define the causes and symptoms of various Psychological disorders.
- Recognize the prevalence and development of various Psychological disorders.

- Explain basic knowledge of treatments for various Psychological disorders.
- Examine the role of socio-cultural causal factors in development of various disorders.
- Discuss and analyse the biomedical model of Psychological disorders.
- Interpret the biopsychosocial model in the understanding of Psychological disorders and their treatment.

### **Psychology Special 2 - A32118**

#### **Semester III**

At the end of this course, the learner will be able to:

- Summarize the developmental processes of the human being throughout the lifespan.
- Recognize the theoretical perspectives to development.
- Identify influences of various factors in development across lifespan.
- Integrate the influence of culture in development
- Explain various growth processes involved in infancy and preschool ages
- Explain various growth processes involved in middle childhood and adolescence
- Integrate various growth processes involved in adulthood

### **Psychology Special 2 – A42118**

#### **Semester IV**

At the end of this course, the learner will be able to:

- Classify the nature of work in modern and diverse work world.
- Summarize various roles of i-o psychologist
- Classify various processes used in organizations
- Determine the reasons and process to motivate employees and enhance organizational commitment
- Integrate the approaches and recent trends of leadership and emotional intelligence
- Demonstrate the basic concepts of organizational development

### **Psychology General 3 - A52217**

#### **Semester V**

At the end of this course, the learner will be able to:

- Recognize the basic concepts, theories and methodology of psychology of adjustment.
- Clarify the nature of close relations that enhance adjustment

- Provide the causes of wellness and health that improves adjustment
- Integrate unique features of the Indian socio-cultural context to adjustment

### **Psychology General 3 – A62217**

#### **Semester VI**

At the end of this course, the learner will be able to:

- Summarize the concepts of positive psychology
- Determine positive cognitions and emotional states that contribute to well-being
- Examine the causes of well-being and happiness through gender perspectives
- Practice processes that bring about wellbeing
- Integrate unique features of the Indian socio-cultural context with well-being

### **Psychology Special 3 - A52218**

#### **Semester V**

At the end of this course, the learner will be able to:

- Describe the concepts, steps and methodology of qualitative and quantitative researches
- Practice ethics in research
- Apply basic functions of softwares to analyze and interpret data of social scientific researches
- Create a research project

### **Psychology Special 3 – A62218**

#### **Semester VI**

At the end of this course, the learner will be able to:

- Describe the meaning, nature, and process of Counselling
- Discuss the historical context and theoretical approaches of Counselling
- Apply ethics related to the practice of Counselling
- Demonstrate Culturally Competent Skills of Counselling
- Examine emerging trends in Counselling in Indian context
- Evaluate role of Culture in Counselling

### **Psychology Special 4 - A52219**

#### **Semester V**

At the end of this course, the learner will be able to:

- Summarize the basic procedure used in psychological experiments
- Design a psychological experiment
- Perform psychological experiment
- Report the experiment in APA format
- Describe theoretical framework of computer simulated psychological experiment

**Psychology Special 4 – A62219**

**Semester VI**

At the end of this course, the learner will be able to:

- Summarize the basic concepts, procedure and design of psychological test
- Describe the psychometric properties of the psychological tests.
- Perform psychological tests
- Create career profile of one subject
- Report the experiment in APA format

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